

habits &

spiritual growth

You have been born again—not of perishable seed, but of imperishable.

1 Peter 1:23

The progression of habits and spiritual growth

His divine power has given us everything required for life and godliness through the knowledge of him who called us by[c] his own glory and goodness. By these he has given us very great and precious promises, so that through them you may share in the divine nature, escaping the corruption that is in the world because of evil desire. For this very reason, make every effort to supplement your faith with goodness, goodness with knowledge, knowledge with self-control, self-control with endurance, endurance with godliness, godliness with brotherly affection, and brotherly affection with love. For if you possess these qualities in increasing measure, they will keep you from being useless or unfruitful in the knowledge of our Lord Jesus Christ.

2 Peter 1:3–8

However...

For I do not understand what I am doing, because I do not practice what I want to do, but I do what I hate.

Romans 7:15

Let's be real (about habits and spiritual growth)

1. A posture

(The story of Mary and Martha, Luke 10)



Let's be real (about habits and spiritual growth)

1. A posture
2. A person

Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come! [2 Corinthians 5:17]

(Simon → Peter; Abram → Abraham)

Let's be real (about habits and spiritual growth)

1. A posture
2. A person
3. A process

(The gardening of our spiritual lives)

“Consider the sower who went out to sow.”

“Whatever a person sows he will also reap.”

“I planted, Apollos watered, but God gave the growth.”

“A good tree doesn't produce bad fruit; on the other hand, a bad tree doesn't produce good fruit.”

I have been crucified with Christ, and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 2:20

Habits

- A quarter hour
- Journal
- Solitude
- Reading

it's time to

ask
anything.

